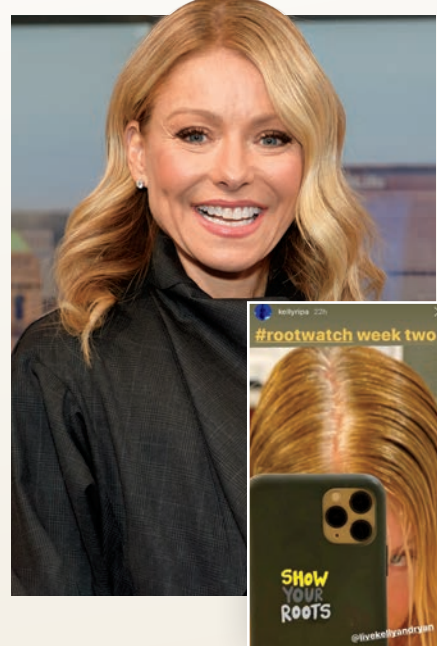


GRAYS ON DISPLAY



NO SALONS NEEDED!

Even though **Kelly Ripa** began documenting her “Root Watch” while social distancing, not everyone is interested in watching their true color creep in. Maddison Cave, colorist at David Mallett Salon in NYC, offers this advice for DIY hair color:



1 “Wait as long as you can” before doing the job yourself, advises Maddison. “Reaching the back of your head can be difficult.” Instead, hide new growth by switching up your part or using a root concealer.

2 Enlist your colorist to help select an at-home color kit shade that matches the color they’ve created on you. “Clairol Root Touch-Up is one of the better kits for

color lift and covering grays,” the expert shares. “I also like dpHue. It has a gentler formula, so the chances of messing up are lower. Plus, you get enough formula for two applications.”

3 Selecting a kit yourself? “Don’t trust the image on the front of the box,” she says. “Compare your strands to the hue on the side of the box and stay within one shade of that.”



dpHue Root Touch-Up Kit, \$30, dphue.com; Clairol Permanent Root Touch-Up, \$8, walmart.com

CAN’T GET TO YOUR COLORIST, ESTHETICIAN OR NAIL TECH? SOLVE YOUR #WFH BEAUTY WOES (EASILY!) WITH TIPS FROM TOP PROS

BOTOX FADE



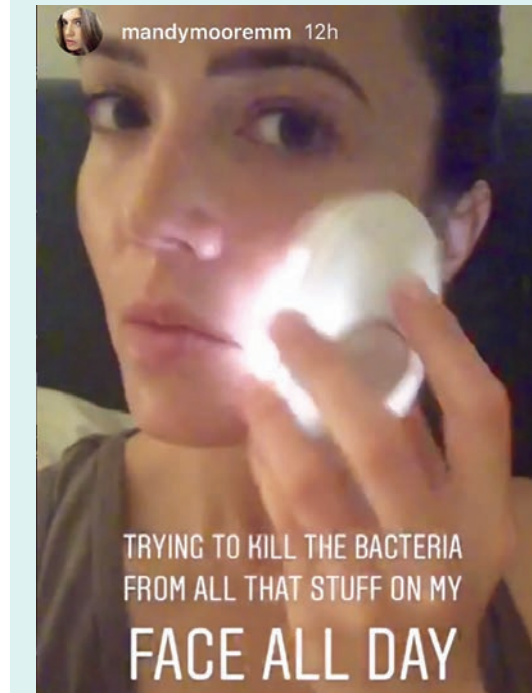
Since getting to the dermatologist’s office for a quick refresher is a no-go, “implementing new regimens before your Botox wears off can help extend its effects,” says Jeannel Astarita, celebrity esthetician and founder of Just Ageless Beauty + Body Lab in NYC. Here’s her ritual for maintaining firm, flawless skin.

1 Practice facial massage. “Botox works on the muscles by relaxing them and massage does virtually the same thing but in a subtler way — plus it’s free!” shares Jeannel of the practice that should be done daily for five to seven minutes.

that noticeable results come with regular use. “The electric currents help to strengthen weak muscles and relax overly developed ones.”

2 Use a microcurrent device — stars, including **Mandy Moore**, rely on them for good reason. “It’s like exercise for the face,” says the pro, adding

3 Light the way to a more youthful glow. “LED devices help to stimulate collagen and elastin and minimize hyperpigmentation,” she reveals. “I use the Celluma mask every other day and it helps keep my skin bright and clear.”



GROWN-OUT GEL MANIS

With nail salons closed, many of us — even celebs like **Kylie Jenner** — are clocking the weeks at home via our new nail growth. The good news: Removing a gel manicure is a pretty easy job if you have the right tools. Brittney Boyce, Orly Nail Artist, shares the step-by-step process:



1 File off the topcoat and about 50 percent of the gel color with a 180 grit emery board. “The thinner the gel is, the easier it’ll be to soak off,” says Brittney.

2 Wrap each finger in a foil sheet with an acetone-soaked cotton ball or use Orly remover wraps. “Do one hand at a time,” she says, so you can reuse the foil (with resoaked cotton) on the other hand.

3 Let nails soak for 10 minutes. “Permanent gel tips require longer, about 20 minutes,” cautions the pro.

4 Unwrap the foil, then use an orange wood stick to gently push the gel off the nail. Do one finger at a time. Gel that’s exposed to the air will reharden after a few minutes.

5 Buff off any remaining traces of gel, then apply cuticle oil “to help rehydrate the nail,” Brittney advises.



Tweezerman Neon Filemates, \$7 (3-pack), tweezerman.com; Orly GelFX Remover Wraps, \$6.50 (20-pack), and Genius Remover, \$5.50 for 4 oz, orlybeauty.com



INSTAGRAM: KYLIEJENNER



Ziip Beauty Kit, \$495, ziipbeauty.com; Celluma Face, \$695, celluma.com

